

# COVID 19 Symptom, Exposure, and Positive Test Result Protocol

Updated 2/4/21

## COVID-19 Symptoms

**Any child or staff member experiencing one or more of the following symptoms may not enter the building:**

Fever (subjective or 100.4 degrees Fahrenheit) or chills, Cough, Runny Nose or Congestion, Sore throat, Shortness of breath or difficulty breathing, Diarrhea, Nausea or vomiting, Fatigue, Headache, Muscle or body aches, Poor feeding or poor appetite, New loss of taste or smell, Or any other symptom of not feeling well.

## Exposure to COVID-19

If a child or staff member learns that they have been in close contact\* with **any** COVID-19 positive individual, they must begin to quarantine immediately. The parents or staff member must notify Stephanie Sarvana by calling (520) 237-3211 or sending a message through Bloomz. ToTH will send a Health Alert via Bloomz to the entire ToTH community reporting the exposure. Please see the "Return to Child Care" decision tree, Scenario 5, for next steps.

## Positive COVID-19 Result Protocol

If a child, staff member, or household member of the community receives a positive COVID-19 test result, the parents or staff member must notify Stephanie Sarvana immediately by calling (520) 237-3211. ToTH will send a **Health Alert via Bloomz** to the entire ToTH community reporting the positive result. We will share as much detail as we can about the nature of the exposure and next steps.

- The COVID positive individual may return to ToTH based on the following OSSE return to care criteria:
  - If symptomatic: 24 hours after fever has resolved and symptoms have improved AND 10 days after symptoms first appeared, whichever is later.
  - If asymptomatic: 10 days from the date of the positive test result.
- **If the positive individual is a student or staff member:**
  - ToTH will close the classroom/cohort associated with the COVID-19 positive individual for a period of 10-14 days (depending on exact guidance from DC Health) starting from the last day the infected individual was in the building.
  - ToTH will immediately submit an Unusual Incident Report to OSSE and notify DC Health. DC Health will respond within 24 hours to begin an investigation and provide further directions.
  - ToTH will send the teachers in that classroom and any other staff members who were in contact with the infected individual for COVID testing (to be scheduled within 24 hours of receiving notification).
  - ToTH will ask parents in the affected cohort to have their children tested for COVID-19.
  - For Primary, our intention is to only close the affected cohort, unless ToTH administration or DC Health determines that the whole room should close due to potential exposure to the other cohort.
  - An online learning schedule will be distributed and Zoom sessions will begin after teachers have had 24 hrs. to obtain COVID tests.
  - ToTH will initiate a deep cleaning and disinfection of all areas and items used by the COVID-19 positive individual within the past 7 days.
- **If the positive individual is a household member (i.e. parent, sibling, roommate, caregiver, etc.):**
  - ToTH will close the classroom/cohort associated with the COVID-19 positive household and send the teachers in that classroom for COVID testing (to be scheduled within 24 hours of receiving notification).
  - ToTH will ask for everyone in the affected household to be tested for COVID-19.
  - The student in the affected household should begin a 14 day quarantine based on the last day of close contact with the infected individual. If the child cannot isolate from the infected individual, they must quarantine for a period of 14 days from the end of the positive individual's infectious period.
  - An online learning schedule will be distributed and Zoom sessions will begin after teachers have had 24 hours to obtain COVID tests.
  - **The classroom will remain closed until we receive the teachers' results.** Negative teacher results will allow the classroom to reopen (except in cases where a student in the class tests positive--see next section).
- **If a child or staff member is exposed to a COVID-19 positive individual who is not a member of their household:**
  - The child or staff member should seek COVID-19 testing (PCR) 3-5 days after the exposure.
  - If the result is negative, the child or staff member must quarantine for a minimum of 10 days from the last exposure to the COVID-19 individual. The 10 day quarantine is only allowable if the close contact does not develop any symptoms. The close contact must self monitor or be monitored for symptoms for a full 14 days.

\* Close contact is defined by the Centers for Disease Control as someone who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic clients, 2 days prior to positive specimen collection) until the time the patient is isolated.